



## Entra Health Expands Features of MyGlucoHealth Online Patient Portal for the Monitoring of Diabetes

Newest Version Features Blood Pressure, Nutrition, Weight Charting and Medication Management Utilities

**August 27, 2009 - San Diego, California** — Entra Health Systems, an international applied healthcare technology company today unveiled an enhanced version of the MyGlucoHealth Patient Portal for diabetic monitoring. The Patient Portal is an extensive communication and data management web site that provides an easy-to-use interface for automatic collection and evaluation of test results from the MyGlucoHealth blood glucose meter. On the Portal, readings are interpreted and charted in a variety of ways to analyze, evaluate and visually present patient data.

Test information from the MyGlucoHealth meter is wirelessly transmitted to each patient's individual, secure web page on the Patient Portal using a Bluetooth®-enabled mobile phone or PC. This completely eliminates the need to manually log test results, improving data accuracy and removing the opportunity for 'manufactured' entries.

"The Patient Portal is engineered to help persons with diabetes take ownership of their disease management, so they can make better lifestyle choices," said Larry Mahar, Chief Technology Officer of Entra Health Systems. "We are constantly improving and expanding our web technology to provide more comprehensive tools for our patients. We added features like blood pressure recording, since hypertension is an important risk factor for the development and worsening of many of the complications of diabetes. Dozens of additional upgrades and enhancements have been made in response to user feedback and growing requirements from patients around the world."

New sections of the Portal allow patients to record a number of personal statistics that are critical to maintaining a healthy lifestyle. New information logs manage patient supplied data on blood pressure, weight, nutrition, exercise and medication. In addition, the Portal features a new scatter plot that charts blood sugar readings by time of day and a new timeline that displays all blood tests for a selected time period.

An enhanced patient logbook makes viewing test results easier. The new version includes color-coding to point out values that exceeded alert thresholds. The 'Export and Print' functions now offers the ability to export data directly into a Microsoft Excel® spreadsheet. The 'My Doctors' section of the site was made more user-friendly. My Doctors allows patients to identify participating clinicians and grant permission for the doctor to view their results online. In addition to direct postings of blood glucose readings, a public area of the Patient Portal features an expanding collection of in-depth diabetes treatment and lifestyle resources.



*Entra Health Systems*

3111 Camino Del Rio North  
Suite 101

San Diego, California 92108  
US Office: 1(877)GLUCO-4-ME  
info@entrahealthsystems.com  
www.entrahealthsystems.com

In the United Kingdom  
4A Blake Mews  
Kew Gardens  
Surrey TW9 3GA  
United Kingdom

Phone: +44 (0) 113 815 5108