

## Diabetes management goes mobile

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Diabetes patients will be able to conveniently monitor their blood glucose levels and better manage their condition with the launch of the Telstra Diabetes Management Online Service.

The service involves transmitting blood glucose readings from a Bluetooth-enabled blood glucose meter to a compatible mobile phone.

The results are sent over Telstra's Next G network into the secure database, which can then be accessed via a mobile phone or online by the patient and their health care provider.

Executive director of Telstra Product Management, Christophe Bur, said an initial field study of 100 patients indicated people valued a service that simplified recording and monitoring blood glucose levels.

"The Telstra Diabetes Management Online Service technology gives diabetes patients a simple and more reliable way to track their blood glucose levels and send their results quickly. This solution is specifically designed to help diabetes patients and their care givers better manage their condition," Mr Bur said.

According to the survey, patients noticed a reduction in time spent managing their diabetes, were able to better manage their diabetes through diet and lifestyle decisions, and benefited from SMS notifications sent to their health professional following a high blood glucose reading.

Acting chief executive of Diabetes Australia, Greg Johnson, said the service would benefit Australia's 1.5 million diabetes patients.

"Breakthroughs in technology that help to improve people's diabetes management can also help to reduce the serious complications of diabetes, including heart attack, stroke, kidney damage, blindness and amputation," said Mr Johnson.

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